

### **Important Advice**

The information presented here is presented for educational purposes only. Life Mel is a nutritional supplement and not a medicine.

Anyone concerned about their health, or under current medical supervision should always consult their doctor before taking nutritional supplements or making dietary changes. The trial results, scientific conclusions, press statements and testimonials are those of their authors. Individual circumstances differ and EvenOne Ltd strongly advises that the relevance of these scientific findings and opinions in individual cases should be discussed with a healthcare professional

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### **My Personal Experience with Life Mel by Dr Geffen**

Dr Heime Geffen

I was diagnosed in October 2006 with Acute Myelocytic Leukaemia (also known as acute myeloid leukaemia, is a cancer of the myeloid line of white blood cells). My white cell count at that time was 2.1 (Normal range: 6 to 11).

Following chemotherapy, my white blood cell count dropped to 1.2 and remained in that vicinity from November 2006 until March 2007. Due to the nature of my condition and these low results, it soon became apparent that chemotherapy was not working. Chemotherapy was abandoned in February 2007 and all treatment ceased.

I developed high fevers and chills in December 2006 and again in February 2007, requiring hospitalisation and prolonged courses of antibiotics. I deteriorated physically and was virtually bed-ridden. From February, I required frequent Platelet and Blood transfusions to improve levels of haemoglobin, white cells and platelets.

In early April 2007 I started taking LifeMel Honey. I was naturally a little sceptical at first, but knowing the nutritional value of honey was conscious that it couldn't do any

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harm. I started taking the two teaspoons a day as directed and was amazed when after seven days I began to have more energy and feel stronger in myself physically.

However, the key point of my experience of taking LifeMel and the message I am keen to communicate are the facts; during the early period of taking LifeMel, my blood-work started improving and has continued to do so to this day. At the time of writing this testimonial – mid June 2007– my white cell count is 6.1 (normal, 6 to 11), my platelets are at 150,000 (normal 150,000 to 250,000) and my Haemoglobin is 135 (normal 130 to 145), I am out of bed, and have re-gained about 1 stone in weight. I have abandoned my walker and have played several rounds of golf, albeit only nine holes at a time.

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### **Mr X, England**

Thank you for your letter dated 31st March, which I received today, after returning home from another chemotherapy session at the Birmingham Priory Private Hospital. I am a veterinary surgeon by profession and was diagnosed with bladder cancer towards the end of December 2007, at the Yale Private Hospital in Wrexham, North Wales. I had the initial bladder growth removed on the 3rd January of this year, and was then referred down to the Bladder Clinic at the Priory Hospital in Birmingham, where it was envisaged that I would probably have to undergo chemotherapy treatment prior to further surgery. About a week a week prior to going to Birmingham for my first consultation one of my employees read an article about Life Mel and showed it to me, and I ordered 3 bottles from one of your distributors in Cardiff. I saw the consultant surgeon, Mr Cooke, a week later, who would be performing my Cystectomy, with a conduit repair, but recommended that I saw Professor James of the Queen Elizabeth Hospital, Birmingham, first as he was recognised specialist in Chemotherapy, and Radium therapy.

I saw Professor James a week later, and he recommended starting on chemotherapy treatment, which I did the following morning after the consultation at the Priory Hospital. The chemotherapy was to consist of four courses of two sessions of chemotherapy each with two chemotherapy drugs given at each session. Each session would be followed by the next session a week later, followed by a weeks gap to allow the blood picture to recover, and then a further two weeks session and so on.

Prior to the first chemotherapy session I had already been on Life Mel for about ten days, and in the morning prior to the start of the chemotherapy session they took a blood sample to assess my initial blood picture for suitability for treatment. The result from the laboratory was very favourable, and they remarked that the readings were very high, and in particular my haemoglobin was probably the highest they had seen. I received my chemotherapy and was advised of the various side effects which might occur, such as nausea, lack of appetite, weakness, breathlessness, possible skin haemorrhages due to a lowering of my platelet count and mouth ulcers due to my lowered resistance to any infection, and also the expected hair loss or at least thinning of the hair. The first week passed without any of the side effects whatsoever, and prior to

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my second chemotherapy session the next week, I received my follow up blood test, which showed that my blood pictures had not varied, and my levels had remained very high, and I received my full dose second chemotherapy.

I am now going back for my eighth and final chemotherapy next week, and I have been able to go through the full course without interruption, and at a full dose each time, and without any calcium or magnesium supplementation also, as my blood picture has remained high through the entire course. I am very pleased to say that I have suffered none of the side effects that I was warned about, and have been able to carry on a normal and active routine during the whole of my chemotherapy.

I have seen Professor James three times during the course and he has been extremely pleased with my response to treatment, and the excellent blood levels that I have maintained, and he is hopeful that I might be able to be treated with radium only, and not have to resort to surgery.

I have also seen Mr Cooke the surgeon this week and he was also very pleased with me and is also hopeful that I might not have to undergo surgery but he will be performing a Cystoscopy on me in two weeks, when the final decision as to what the next stage will be. I have obtained further Life Mel from one of your distributors p in Birmingham, but the last two times I have order them direct yourselves.

Up to date I have bought fifteen bottles of Life Mel and taken it continuously since January, and I will have to contact you again at the beginning of the week for a further supply. If any other client receives the same benefits that I have received, then I can only totally recommend them to use it as it has made the whole process of chemotherapy very easy and free from any of the unpleasant side effects, and at the same time ensured that I was able continue the treatment without break, at full does, and without having to receive any blood transfusions or any supplements either.

This week while I was away my daughter was quite ill as he had been diagnosed with hyperthyroidism about three weeks ago, but had a severe reation to the drug, and her blood picture had become dangerously low. So she has started on Life Mel today, hopefully to help her build up her blood picture prior to a blood test next week. My mother in law has also started on the Life Mel last week as she suffers from an ongoing anaemia picture, but cannot take the Iron preparations, so I hope this might help her.

Hoping my observations might help somebody, and they receive the same excellent results that I have received.

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**Mrs B, Buckinghamshire**

## **Life Mel Customer Testimonials (England and Israel)**

"I feel I must write and tell you about my experience with Life Mel honey. As with most people receiving Taxol chemotherapy my white blood cell count had dropped to 1.53 and I had to miss a couple of chemotherapy sessions.

I read about Life Mel Honey in the Mail on Sunday and decided to try it. As I said my white blood cell count was 1.5 prior to chemotherapy. I had only been taking the honey for 10 days when I had another chemotherapy session and the blood tests showed white blood cell count of 1.67. Everyone was surprised as I had been warned the next session could be cancelled. I had a week free of chemotherapy and my next set of blood tests showed 5.75.

My chemotherapy nurses and oncologist are interested to say the least. I have given them all the information supplied by yourselves. Thank you Life Mel – it makes a change to find a product that does what it says and tastes nice as well."

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### **Mr H, Yorkshire**

"I was due to undergo radiotherapy for a brain tumour and was worried about the side effects I had been warned about by the nurses – lack of energy, sickness etc. So, at the start of my course of radiotherapy, I started taking Life Mel in the mornings and evenings. To my surprise (and relief!) I never experienced any side effects at all. I had taken the time off work in preparation for the exhaustion – but it never arrived! I have been able to lead a completely normal life whilst undergoing radiotherapy and have managed to keep going to the gym and run my business. Thank you Life Mel."

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### **Ms C, London**

"I was diagnosed with a post viral disorder after having very bad flu 14 months ago. Although I went back to work 3/4 weeks after recovering from the flu, I was extremely run down with bad malaise, aches, pains and absolutely no energy. I felt awful and unbelievably sluggish. I started taking vitamins etc but nothing made any real difference, I started to think that something was really wrong with me. I started looking for something that might help 'kick start' my immune system and typed 'immune boosting honey' into google – Life Mel came up. I started taking it in August of this year and can honestly say I have never felt better. Within 2 weeks I had so much more energy and felt more alive than ever before. The sluggishness, aches and pains had gone and I felt I could tolerate exercise a lot better. I have noticed steady improvements month on month and feel hugely better! This is a great product!"

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### **Ms R, Essex**

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## **Life Mel Customer Testimonials (England and Israel)**

"I was diagnosed with multiple myeloma 7½ years ago and was told that I only had around 2 years to live – but I refuse to give up! I was watching This Morning back in the Summer and saw Dr Chris talking about Life Mel honey so I decided to order some as a last resort – I've all but exhausted my drug treatment options. My consultant had told me that I was playing the waiting game but after 10 weeks of taking Life Mel he was surprised to see that I was holding my own! I now take nothing but Life Mel every morning and evening I'm even well enough to keep going to my ballroom dancing classes! My granddaughter is getting married in 2009 and I hope that I might make it yet."

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### **Sarah L**

"I have stage 4 cancer which started in the breast and has now spread to various other parts of the body including liver, adrenals glands, lymph nodes etc. Before using Life Mel, my white blood and neutrophil counts were very low and cause of great concern to my consultant. I was also experiencing repeated periods of Neutropenia and had been hospitalised on a number of occasions. Before taking Life Mel Honey (15th August), my white blood cell count was 3.3 – one week later, on 22nd August, it had shot up to 7.3 (anywhere between 5 and 11 is considered 'normal' and 'healthy'.) My neutrophil count had also gone up from 1.5 to 5.7. My oncologist is absolutely astounded by these results and intrigued about the benefit Life Mel could bring other patients."

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### **Kirsty T**

I thought I should write you with some feedback. My 10 year old son was diagnosed with A.L.L on 21st March 2007. Obviously he has been on chemo ever since. My friends mum showed me an article about Life Mel honey, and I thought why not. It can't do any harm, afterall it's a normal everyday foodstuff. Well, even I was surprised with the results! I must admit a part of me thought it was just some money making scam with a product which would have no real effect.

How wrong I was.

My son has not been neutropenic since he started taking it! I was gobsmacked at the difference in his blood counts less than 2 weeks after introducing the honey to his diet!

## **Life Mel Customer Testimonials (England and Israel)**

His neutrophils had never been higher and even 3 weeks into this block of chemo they are still well above "normal" for this stage. This week is his rest week, to allow his counts to recover before a new bout of chemo starts on Monday. His counts this morning left me in no doubt that it will go ahead!

I know the honey is extremely expensive, however, I feel it is money more than well spent. It is very sad that is not more affordable so that more children could get the benefit of it. I feel it's very important for children as they must be excluded from so much when they are neutropenic – school, social occasions, visiting friends.... it's hard enough on the little ones without taking away their social structure.

Anyway, I am so glad I found this product and I will recommend it to everyone I know! And, I will continue to give it to my son for the remainder of his 3 year treatment!

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### **Denis R**

Hi

I discovered your product through the Sunday Mail article about 2 months ago and I have been using it for about 6 weeks and unless it is a pure coincidence, the fact that I feels a thousand times better than I did, then the product is truly amazing.

My story.....

I am 56 years old and in 1994 (age 43) I had a non malignant Pituitary Tumour removed via surgery, and unfortunately the tumour, which had grown so large over a long period of time, had destroyed my pituitary gland and thus all of my hormones had to be replaced manually with all of the associated problems and side effects. A little over 5 years ago I fell and broke my hip, they discovered that I had osteoporosis as a result of the Pituitary Tumour problem and they then treated the Osteoporosis and also prescribed Growth Hormone (they would not prescribe it before this as I was not obese or depressed!!!!). The combination of the treatments resulted in renewed strong bone growth and I now believe the osteoporosis is no longer a problem. However, the hip that they fitted in 2004 came loose and a new one was fitted on 31/10/6 but unfortunately I got an infection, which I still have and it has caused massive pain and I have felt dreadful for a lot of the time due to the infection.

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## **Life Mel Customer Testimonials (England and Israel)**

At the time I read your article, I was immediately interested as I have a very low immune system, caused I understand by the fact that I take steroids (hydrocortisone) daily which I will need to do for the rest of my life. Having taken 2 small tea spoons of Life Mel for the past 5 weeks or so I felt so much better, I can't remember feeling this well for more than 15 years.

It might be worth your time approaching the Endocrinology Society in an attempt to attract more people with my problems to see if it also helps them.

If you want any more info from me please feel free to contact me.

Regards

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### **Mrs L, East Sussex**

"I was diagnosed with Myeloma late last year and was soon undergoing chemotherapy. This completely depleted my energy levels and any activity which required much walking was virtually impossible, my quality of life quickly vanished and I was virtually house-bound within a matter of weeks. Then this Summer I read an article in You magazine <[http://www.you.co.uk/pages/you/article.html?in\\_article\\_id=471302&in\\_page\\_id=1909](http://www.you.co.uk/pages/you/article.html?in_article_id=471302&in_page_id=1909)> about a new honey product which was being used by people receiving chemotherapy. So I decided to try it, and within a week I felt like a different person! – the real turning point for me was being able to go to the shops unaccompanied for the first time in months; I was amazed to find myself browsing round John Lewis with a long list of things I needed without feeling exhausted. Thank you Life Mel for giving me my life back."

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### **Pat P, Perthshire**

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## **Life Mel Customer Testimonials (England and Israel)**

Dear Sirs

Today I went for a routine blood and health check at the hospital 12 days after chemotherapy with Docetaxyl. This is the start of a 2nd cycle of treatment after 4x chemo sessions earlier this year. I started taking the honey the day before my treatment, 13 days ago, 2x spoons a day as directed.

An interesting result so far – at the hospital the doctor said that my blood counts/platelets were fine – in fact better than she would have expected. At this stage and high enough for more chemo though I am not due for my second dose for another 9 days. Its early days yet but an encouraging enough result for me to have ordered another 6 jars. I intend to keep on taking the honey for the duration of my treatment over the next 3 months and will happily keep you informed of progress.

many thanks so far –

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### **Shirley**

I have been taking Life Mel Honey for 10 days and my platelets have gone up from 130 to 615 during this time. I have been neutropenic during this time and my white cells and neutrophils are only just recovering. I have just started a new course of chemotherapy. Just thought this might be of interest.

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### **Anne D**

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## Life Mel Customer Testimonials (England and Israel)

I was diagnosed with Acute Lymphoblastic Leukaemia in April of last year and have undergone the usual treatment of chemotherapy, radiotherapy and finally a Bone Marrow Transplant. The donor was my sister.

The transplant has been a success, and I am now 1 year post transplant.

I have made steady progress throughout the year but started to need blood transfusions in February of this year as my red blood cell count kept falling. I received transfusions every 4 weeks approx.

It was on one of the occasions when receiving blood that I was watching Dr Chris Steel on This Morning who was talking about Life-Mel.

I have now been taking Life-Mel honey for approximately 8 weeks and have not needed any blood as yet. I obviously don't know if this is solely down to the honey but I do believe it has had an effect on my blood cell levels. I have made the specialists aware of the honey and they were interested to hear about it.

I will keep you informed of my progress and thank you for introducing me to Life-Mel.

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### Lynn G

Just thought I would let you know that the honey seems to be working.

Prior to taking the honey my blood results were always a little to low prior to having my next chemotherapy, so I would have to have another blood test on the day of my chemo to make sure it was all right to proceed. Since taking the honey the blood results have been higher so no need for 2nd test.

White cells- 2.7 up to 3.1 then 3.8

neutrophils 0.8 up to 1.2 then 1.5

Hb 12.9 , 12.1 , 12.3

Platelets 184, 263, 193

Results of neutrophils obviously important as they won't let you have chemo if results below 1.

I am really pleased and have recommended the honey to 4 other people having problems with low counts. Have also given literature to my consultant to read.

## Life Mel Customer Testimonials (England and Israel)

Will carry on with honey for rest of my chemo.

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**David F**

Hello

You recently contacted me regarding my experience of taking Life Mel honey, well I began taking this product after reading an article in the Daily Mail. I was due to begin chemotherapy in August after recently being diagnosed with lung cancer. I had heard many different opinions about how chemotherapy can effect the body and obviously was as keen as possible to minimise as many side effects as I could. I have now undergone four sessions of chemotherapy and have taken the honey every day twice a day since my first treatment. Throughout my treatment I have not experienced any real unpleasant side effects. I have been tired the day after my treatment but all my blood tests have been spot on. I will not stop taking this honey until my chemo has finished, whether it has helped or not who knows? however I genuinely believe it has helped me and I have every confidence in its benefits. I have now purchased eight jars so just being cheeky now, any samples of this fantastic product would be greatly appreciated!!!

With kind regards and thanks

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**Nava K**

I would like to thank you for your product – the LifeMel honey.

This is the third time I am coping with cancer and undergoing chemotherapy. Needless to say that those treatments are very hard on the body and that their side effects are severe.

But this time was different. I have read an article, in a newspaper called Makor Reshon, in which the marvelous properties of the LifeMel where described. Although I had doubts I have purchased the honey and started using it. The results were immediate, here are the details: Before using the LifeMel honey I had itching all over my body, I

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suffered from severe weakness so severe that I had to stay in bed all day long and I practically could not move, my hemoglobin level was very low and kept going down with every treatment, I had severe pains in my limbs and more....

On the same week that I have started to use the LifeMel honey, the weakness was not so severe and I could get out of bed every morning, cook and function as a mother to my children. The itching in my body were completely gone, I did not have any limb pains, and my hemoglobin level keeps going up.

With those remarkable results no one can argue. I warmly recommend to anyone that is unfortunate and must get those terrible chemotherapy treatments to try this miraculous honey, and I have gotten already many thanks from other people. I thank you again very much for your marvelous product and will continue to recommend it to everyone.

Thanks,

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### **Ronit, Haifa**

Since I began taking the special honey, I have witnessed a significant increase in white blood-cells, neutrophils and iron; I highly recommend LifeMel.

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### **Neta, Jerusalem**

I became aware of the special honey through the recommendations of friends who are suffering from cancer and to whom this honey spared the extremely severe side-effects, as well as having a very positive effect on me. The white blood cells and haemoglobin had increased and I finally felt good, strong and much more functional. When I stopped taking the special honey, I felt very bad and the blood profile dropped significantly. When I went back to using Life Mel, after two days of taking the honey, the blood profile had once again risen. It is excellent and recommended medicine.

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## **Life Mel Customer Testimonials (England and Israel)**

### **Ester, Alfei Menashe**

I took the special honey with the aim of strengthening the immune system. I had undergone tests between the chemotherapy treatments, the results of which showed that the condition of the immune system had improved dramatically, in spite of the chemotherapy treatments.

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### **Odette, Karkom**

I took Life-Mel to raise the immune level + iron in the blood, following C.E.F chemotherapy treatment. Since taking the special honey, I have been showing increasing levels of white blood-cells and neutrophils. Before taking the honey, the value of white blood cells was 2000 and, after only one week, they had risen to 6200. The neutrophils had risen from 700 to 4200, and the haemoglobin also rose substantially from 11.2 to 12.7. I am extremely pleased with the special honey.

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### **Dalit, Kibbutz Merhavia**

In the course of the chemotherapy treatments I had used Life-Mel; my blood-count remained as it was before, and had even risen. I feel great, in spite of the chemotherapy treatment. I highly recommend the special honey; throughout the treatment I did not use any other medicine.

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## **Life Mel Customer Testimonials (England and Israel)**

### **Ester, Kiryat Shmona**

Having been recommended the honey by friends who are ill with cancer and have been using Life-Mel and, in doing so, have spared themselves the very severe side-effects, I decided to try out this product. I experienced very positive effects when using Life-Mel, for example: before taking the special honey, my white blood-cells had dropped to 2-4 and, after taking LifeMel for 5 days, my white blood cells went up to 6.6! The Hemoglobin was originally 10.4 and, within a few days, it went up to 12; I must say that I felt better, stronger and with a greater capacity to function. In a very unwise decision, I stopped taking Life-Mel and, within two weeks, I began feeling very bad. I became weaker, my blood values dropped dramatically: white blood-cells 1.7 and hemoglobin 10.5. I then began taking Life-Mel again and after two days I took another test, in which my white blood-cell value was 5.5 and hemoglobin 12. I am convinced that this information must be published in all the hospitals and medical institutions treating people that suffer from severe illnesses, thus much suffering may be spared from the patients. Life-Mel is an excellent product which I highly recommend.

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### **Lea, Rosh Pina**

In March 2004, I had undergone an operation to remove a tumor, after being diagnosed with breast cancer. Immediately after the operation I was notified that I would have to begin a series of chemotherapy and radiation treatments. Despite the therapeutic effectiveness of these treatments, they have very severe side-effects, among which are a drop in hemoglobin and blood-count; this impacts the body's immune system, due to the non-distinction of the chemotherapy substances between bad-cells and good-cells.

During this period, on the verge of beginning the treatments, I heard of a new and unfamiliar product, which was at the time in its experimental stages at medical centers, and which was said to cancel or reduce the damages of chemotherapy treatments. I was very skeptical, cautious and suspicious at the time, considering my predicament, fearing to try something unfamiliar and, all the more so, without a doctor's prescription. Since a relative had acquainted me with the product, I dared and agreed to try it out, despite having heard of other solutions such as injections, etc. In May 2004 I began chemotherapy treatments type A.C, which are considered harsh and with such side-effects as damage to the immune system. I received a total of 4 treatments, once every three weeks, following which I was treated once a week with a medication called Taxol.

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During this period, my blood was tested before each treatment and throughout the entire week, in order to ensure that I was well enough to undergo the next treatment, and to see whether my immune system and hemoglobin were alright. When beginning the treatments, I started taking a tablespoon of Life-Mel once a day, for a total of 10 days to two-weeks. Although the blood-count was somewhat low immediately after the treatment (in the first week), it would rapidly rise and, throughout the 6 months of treatments, the blood-count was never lower than 400 WBC (i.e. within the range of normal values); at some point, the oncologist even told me: "you are responding as if you had taken water". I must say that it was also tasty, it tasted just like honey, and this sweetened the dreadful metallic taste I sensed in my mouth during the A.C treatments. It also helped me recover from the weakness I felt right after each chemotherapy treatment – it was simply amazing! Since then, I would always highly recommend the product each time I had the possibility of helping other women, with the high hopes of never having to need it in such circumstances, but only for strengthening if necessary. But when you are given such a state where you certainly need help, it gave me what I needed at the right time.

Today, I am a year after the end of treatments, and have returned to my day-to-day life and routine; I felt it was my duty to write down what I have already told you in our conversations, and say "stay strong!", and I hope that this product will help many more people when they come to need it.

Ends

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